Which feelings have you experienced with regard to your money?

Undeserving	Insecure
Guilty about wanting things for yourself	Hopeless
Unable to overcome the fear of poverty	Helpless
Incapable of doing anything right	Ashamed
Don't have enough money for it to make	Dependent
a difference	Scared
Paralyzed by ambivalence	Sad
Unable to give up fantasy of being taken	Stupid
care of	Futility
Success is for everyone else	Stressed
Don't know where to begin	Frustrated
Disconnected	Panicky
Deprived	Intimidated
Out of control	Ineffective
Shackled by debt	Embarrased
Unable to manage spending	Defeated
At the mercy of others	I'll never learn how to increase assets