



# WHAT'S STOPPING YOU FROM LIVING WITHIN YOUR MEANS ??

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ARE YOU EXPERIENCING ANY OF THESE NEGATIVE THOUGHTS? ...

We're constantly  
arguing over money!

WHY AREN'T  
WE GOOD  
ENOUGH

BUYERS  
REMORSE

BILLS ARE  
LATE AGAIN!

WE NEVER HAVE ENOUGH !!

LET'S BUY  
THINGS TO  
FEEL BETTER

**STOP ...  
RETHINK!**



When your thoughts and feelings about money are not healthy, your financial circumstances are less likely to be healthy!



Lewis County Opportunities can help! Ask about FEP, our Financial Empowerment Program.

**F**INANCIAL **E**MPowerMENT